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# Tai Chi Spirit 2016 Wall Calendar



## Synopsis

Tai chi symbolizes balance, harmony, and intent just a few of the healthful benefits this martial art offers. The Tai Chi Spirit wall calendar features striking photographs of internationally acclaimed tai chi masters demonstrating postures in beautiful settings, from serene forests to bustling metropolitan areas. Whether you are a devoted practitioner or you simply love the natural grace of the movements, Tai Chi Spirit is sure to strengthen your chi all year long. A year of inspiring tai chi postures on your wall. Frameable artbook-quality printing. The perfect gift for the martial arts enthusiast. Features exceptional photographs of tai chi masters Dr. Yang, Jwing-Ming, Helen Liang, Daoist monk Zhou, Xuan-Yun, and others. Printed on FSC Certified Mixed Source Paper with soy-based inks. Published by Amber Lotus, an independent carbon-negative US company that has planted more than half a million trees since 2008. Created in partnership with YMAA publishing. This calendar features US and Canadian legal holidays, phases of the moon, and important observances of the world's major religions.

## Book Information

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Average Customer Review: 4.3 out of 5 starsÂ Â See all reviewsÂ (3 customer reviews)

Best Sellers Rank: #1,253,022 in Books (See Top 100 in Books) #609 inÂ Books > Health, Fitness & Dieting > Exercise & Fitness > Tai Chi & Qi Gong #3021 inÂ Books > Sports & Outdoors > Individual Sports > Martial Arts #7455 inÂ Books > Calendars

## Customer Reviews

My Tai Chi class has been receiving these calendars for years for Christmas. Very informative if you are into martial arts or Tai Chi. Every month has a different Tai Chi movement in a large colorful picture, the name of the movement and the person performing the movement. Each month has a Chinese proverb. Also a spirituality about the calendar; it's a wonderful calendar. Definitely worth the money!

high-quality printing of fine, evocative photos of real taijiquan masters in action in idyllic natural scenery. my only reservation, (otherwise, this would be a 5 star review) is that, for some reason, I thought that this was a 16-month calendar. maybe next year?

Great pictures and some nice quotes. If you like Tai Chi or Eastern philosophy, this would be a good choice.

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